

SEPTEMBER 2023 Oxford City Schools – Pre K- 8th Grade



Pricing

Paid:
Reduced:
Free:

Breakfast

\$1.25
\$0.30
\$0.00

Lunch

\$2.50
\$0.40

Assorted Fresh Fruit and Milk offered with every meal!

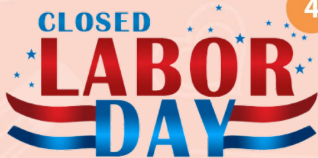


September is Whole Grains Month! Aim to make at least half your grains whole grains. Look for the words "100% whole grain" or "100% whole wheat" on the food label. Whole grains provide more nutrients, like fiber, than refined grains.



MONDAY

Additional items are sold each day for a la carte. Students can purchase extra entrees and other items if they have money in their lunch account.



4

TUESDAY



WEDNESDAY

THURSDAY

FRIDAY

ANY!MERS or a Deli Sandwich are offered as an additional options each day!



Donuts

1

Homemade Chicken Tetrazzini w. Breadstick
Corn and Salad
Dessert: Cake w. Vanilla Icing

Sausage Biscuit

5

Crispitos
Tater Tots and Pinto Beans
Assorted Fruit

Apple Frudel

6

Spaghetti w. Breadstick
Green Beans and
Sweet Potato Soufflé
Dessert: Chocolate Pudding

Warm Cinnamon Toast Crunch Bar

7

Cheese Pizza
Fries and Peas & Carrots
Assorted Fruit

Pancakes

8

Dill-icious Chicken Bites
Corn and Salad
Assorted Fruit

French Toast

11

Mini Corndogs
Potato Wedges and Pinto Beans
Assorted Fruit

Croissant

12

BBQ Pork Nachos
w. Cheese Sauce
Corn Nuggets and
Homemade Cole Slaw
Assorted Fruit

Breakfast Pizza

13

Homestyle Breaded
Chicken Sandwich
Mashed Potatoes and
Green Beans
Dessert: Vanilla Pudding

Assorted Cereal Bar

14

Cheese Pizza Crunchers
w. Marinara Sauce
Cinnamon Sugar Sweet
Potatoes
Assorted Fruit

Waffles

15

Wings w. Tortilla Chips
Sweet Potato Fries and Salad
Assorted Fruit

Wing Flavors: Boneless, Traditional and Hot

Pancakes

18



Cheeseburger
Potato Wedges and
Baked Beans
Assorted Fruit

Chicken Biscuit

19

Beefy Nachos
w. Queso Cheese,
Salsa & Sour Cream
Corn and Pinto Beans
Assorted Fruit

Cinnamon Bun

20

Chicken and Vegetable
Dumplings w. Fried Rice
Green Peas and Sweet Potatoes
Dessert: Cake w. Chocolate Icing

Assorted Cereal Bar

21

Italian Cheese Pull Apart
w. Marinara Sauce
Corn and Salad
Assorted Fruit

French Toast

22

Chicken Bites
w. Roll
Fries and Green Beans
Dessert: Cake w. Vanilla Icing

CinniMinis

25

Homestyle Breaded
Chicken Sandwich
Tater Tots and
Homemade Cole Slaw
Assorted Fruit

Croissant

26

Homemade Chicken
Alfredo
Lemon Pepper Broccoli and
Sweet Potato Soufflé
Assorted Fruit



Assorted Cereal Bar

27

Steak Nuggets
Mashed Potatoes and
Green Beans
Assorted Fruit

Waffles

28

French Bread Pizza
Corn and Salad
Assorted Fruit

Breakfast Bagel

29

Hot Dog
Potato Wedges and
Baked Beans
Assorted Fruit